

## ABSTRACT

A process is provided for the preparation of an alcohol containing sport drink that has enhanced nutrition in comparison to existing alcoholic drinks. The beverage comprises a clear, colorless or colored, beverage containing protein, peptide, amino acid and vitamin supplements, with low to moderate levels of ethyl alcohol. Such a beverage provides a healthier alternative to conventional malt beverages, beer, wine or distilled alcoholic beverages, especially when consumed in post recreational sport social contexts.